

Monday	Tuesday	Wednesday	Thursday	Friday
2  Winter Break Continues 	3  Teacher Workday	4 Corn Dog Nuggets or School Entrée Cookie  Choose 2 Sides: Baked Beans Assorted Fruits and Juices	5  Chicken Quesadilla or School Entrée  Choose 2 Sides: Steamed Corn Assorted Fruits and Juices	6 Pizza or School Entrée Choose 2 Sides: Assorted Vegetables, Fruits and Juices
9 Fish on Bun or School Entrée/Cole Slaw Choose 2 Sides: French Fries, Black Eyed Peas, Assorted Fruits and Juices	10 Oven Fried Chicken or School Entrée Wheat Roll  Choose 2 Sides: Turnip Greens, Mashed Potatoes, Assorted Fruits and Juices	11 Toasted Ham & Cheese Sandwich  or School Entrée Choose 2 Sides: Vegetable Soup Tossed Salad Assorted Fruits and Juices	12 Popcorn Chicken or School Entrée Rice Pilaf Choose 2 Sides: Green Beans Assorted Fruits and Juices	13 Personal Pizza or School Entrée Choose 2 Sides: Assorted Vegetables, Fruits and Juices
16 Martin Luther King Jr. Day No School 	17  BBQ Chicken Flatbread  w/ Cole Slaw or School Entrée Choose 2 Sides: Sweet Potatoes Assorted Fruit and Juices	18 Student Planned	19 Chicken Noodle Soup & Toasted Cheese Sandwich  or School Entrée/Cookie  Choose 2 Sides: Garden Salad Assorted Fruits and Juices	20 Pizza or School Entrée Choose 2 Sides: Assorted Vegetables, Fruits and Juices
23 Beef Taco or School Entrée Cookie  Choose 2 Sides: Steamed Broccoli Assorted Fruits and Juices	24 Toasted Cheese Sandwich or School Entrée Choose 2 Sides: Bean Soup, Garden Salad Assorted Fruits and Juices	25 Chicken Strip Wrap  w/Shredded Lettuce & Ranch Dressing or School Entrée Choose 2 Sides: California Blend Assorted Fruits and Juices	26  Cheese Ravioli  or School Entrée/Breadstick Choose 2 Sides: Spinach Salad Assorted Fruits and Juices	27 Hot Dog or School Entrée Chili / Slaw Choose 2 Sides: Potato Rounds, Baked Beans Assorted Fruits and Juices
30 Chicken Patty on Bun w/ Lettuce, Tomato & Pickle Baked Chips  Choose 2 Sides: Green Peas Assorted Fruits and Juices	31 Manager's Choice	<p>It's National Soup Month! Did you know...</p> <p>Americans eat over 10 billion bowls of soup every year! The first evidence of our ancestors eating soup dates back to 6000 B.C. Can you guess what kind it was?....Hippopotamus! Soup is a super cold weather meal - hot and nutritious!</p> 		

Breakfast Menu


Everyday

Choices include Cereal & Graham Crackers or Toast
Juice and Milk
Other Choices:


Monday

Chicken Biscuit or French Toast Mini 


Tuesday

Breakfast Pizza or Pop Tart & Graham Crackers 

Wednesday

Egg Biscuit or Muffin & Graham Crackers 

Thursday

Pancakes or Breakfast Bar 

Friday

Breakfast Wrap or Apple or Cinnamon Roll 

A variety of pizza, hot & cold sandwiches, salads, fruits, juice and vegetables are offered daily along with the regular menu in secondary schools.

We offer a variety of Skim and 1% Milk everyday. Served with meals and sold A La Carte. Crackers are offered daily as a bread serving.

 = Whole Grain