



GW PR News  
February 22, 2012

### Winter Sports Accomplishments

#### *Indoor Track*

Congratulations to the Girls' Indoor Track Team for winning the Western Valley District Championship for the third year in a row. The Lady Eagles outscored second place Patrick Henry by 40 points. The team was lead by De'Ana Forbes, scoring 46 points and Lora Wilson, scoring 38 points. The GW Indoor Track Team competed in the Northwest Regional Championships on Wednesday, February 15 in Landover, Maryland. De'Ana Forbes, Lora Wilson and Kwa'Neal Hairston have advanced to the VHSL State Indoor Track Championship on February 24-25 in Hampton, Virginia.



Girls Track Team - Pictured 1<sup>st</sup> Row: Kauliyah Jones, Lora Wilson, Shannon Hayes, De'Ana Forbes; 2<sup>nd</sup> Row: Kashayla Hairston, Wallis Milam, Lapria Winchester; 3<sup>rd</sup> Row: Coach Robert Marshall, Allie Robertson, Brittany Johnson, Destinee Henderson, Moesha Kelly, and Coach Keith Douglas.

#### *Swimming*

Ali Stephens-Pickeral placed first in the 100 Butterfly event and 3<sup>rd</sup> in the 50 Freestyle event at the Northwest Regional Swim Meet held in Manassas on Friday, February 10. She advanced to the VHSL State Swim Championships held at the George Mason University Aquatic Center on Friday, February 17 where she represented GW. She competed in the 100 Breaststroke event and placed 2<sup>nd</sup>, where the difference between 1<sup>st</sup> and 2<sup>nd</sup> was only .01 of a second! She also competed and placed 11<sup>th</sup> in the 50 Freestyle event. Ali achieved an All-American Time for the 100 Breaststroke and is ranked 5<sup>th</sup> in the nation for her age group! Congratulations Ali and Coach Jennifer Henderson for a record-breaking season!!! (Photo Credit: Danville Register & Bee)





### *Wrestling*

Telvis Betts represented GW at the VHSL State Wrestling Championship held at Robinson High School in Fairfax, Virginia, February 17-18. Telvis finished the season with a record of 30-6.

### **Choir News**

#### *All-District Choir Results*

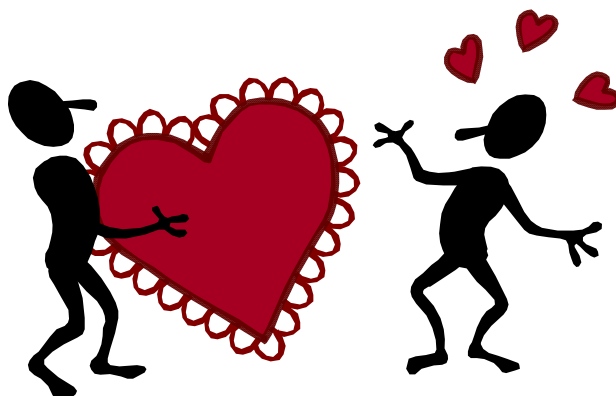
Congratulations to La'Tish Wyatt who auditioned and made All-Virginia Choir at the All-District Choir Competition in Radford on Saturday, February 11. Pictured are: Kamryn Burton, Erin Ballard, Levi Hundley, Cassie Tillman, and La'Tish Wyatt.



The GW Select Ensemble delivered fifteen Singing Valentines on Tuesday, February 14, 2012. They traveled around Danville delivering personalized singing telegrams to various people from students to spouses and mothers and aunts in locations from the classroom to people's homes and places of work and even Riverside Rehab Center. They even sang for their lunch at Breezy Oaks Bed and Breakfast where they performed for 21 ladies assembled for lunch from Edward Jones Company. The recipients responded with surprise and sometimes tears of joy!

Julia Eggleston receives a Singing Valentine from Select Ensemble members.

(Photo Courtesy of Cavalier)



## CAREER & TECHNICAL NEWS



The GWHS FIRST Robotics team, Team Talon 1598, has finished this year's robot named Lew Sky Hooker (Lew Alcindor, aka Kaerem Abdul-Jabbar, Pioneer of the Sky Hook). The team recently received sponsorship from Noblis in the amount of \$5,000. They will be attending the Virginia Regional in Richmond, March 14-17 and the North Carolina Regional in Raleigh, April 4-7.

Check out Lew Sky Hooker and Team Talon 1598's YouTube video page to see what all Lew can do!

<http://youtu.be/xkr7RmcGtvo>



### *Dental Careers Academy*

The Dental Careers junior class visited DPS elementary schools throughout the month of February for Children's Dental Health Month. First-grade students were taught how to brush and floss properly and learned how cavities are formed, as well as the nutritional requirements for good, healthy teeth.



*Don't miss out on submitting your PR News!*

*The deadline for the next submission is*

*March 6, 2012!*

*Send your news and photos to [cjmelton@mail.dps.k12.va.us](mailto:cjmelton@mail.dps.k12.va.us)*